

Social Pedagogical Fundamentals of Preparing Students for Family Life

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ABSTRACT

This article discusses the preparation of young readers for family life. It is about the level of preparation of young people for life, the support of families, communities, universities, as well as the need to pay more attention to the upbringing of children.

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INTRODUCTION

Insufficient attention is paid to the problem of preparation for family life before independence, in the curricula of schools and universities to prepare adolescents for family life, to raise children as parents in the future, to create a healthy psychological environment in the family, many issues, such as building a healthy lifestyle, have been overlooked by researchers. The problem of preparing the younger generation for family life has been given full attention in the years of independence in the country. 'Narrowed.

It is well known that the foundations of a healthy family include the couple's relationship in the family, their children, their children's parents, siblings and other relatives, and their duties and responsibilities towards society.

MATERIALS AND METHODS

Many young people are required to have a high level of spiritual, moral, pedagogical and psychological training in family and marriage relations, communication with family members, and a culture of marriage, even during their student years or at the end of their marriage. Our observations show that most students are not yet ready for such an approach. Family relations are defined in the Family Code of the Republic of Uzbekistan. The purpose of the Family Law is to strengthen the family, to build family relations on the basis of mutual love, trust and respect, solidarity, mutual assistance and a sense of responsibility of all its members to the family. It is about preventing arbitrary interference, ensuring that family members are able to exercise their rights without hindrance and that these rights are protected. Every citizen may be in only one marriage, it must take place with the consent of both parties, have equal personal and property rights, equal rights in obligations, state protection of the family, protection and encouragement of motherhood, are required to know and follow the rules of marriage and family, such as the legal regulation of relationships by the state. It is important to know that voluntary marriages and forced marriages are prohibited by the Family Code. Another thing young people need to know is how old they can be to get married. Of course, young men and women reach puberty at the age of 17-18, but some

girls, having reached puberty, are still not socially, spiritually, and socially ready for family life in many respects. may cause cracking. For many young people, family life begins in the student years, especially for girls, and has negative consequences. In preparing young people for family life, only girls are considered, and boys are left out. If the young man is not ready for family life, the family they have built will not be strong.

This means that it is important to keep an eye on the health of young men, as well as their spirituality, broad-mindedness and decency. Premarital health check-ups for both girls and boys can help prevent future breakups. For example, if infectious or chronic diseases of both ages are diagnosed as mental illness, mental retardation, their marriage is prohibited. Marriage between close relatives is not allowed in marriage. As a result of such marriages, children with disabilities are born and the happiness of the family is ruined.

RESULT AND DISCUSSION

The compatibility of adult families of young men and women who are getting married is also of great importance, that is, equality between families is a combination of lineage, social status, knowledge and level, intelligence, faith, property. Otherwise, after such a marriage, of course, the family will have a lot of disagreements, the result of which may also end in divorce or lead to infidelity of one party. Therefore, if young people are spiritually, morally, psychologically and pedagogically ready for family life before marriage, and have a sufficient culture of life, the family will be strong and harmonious. To do this, it is necessary to prepare young people for family life, first of all, to form an idea of this life. The socio-psychological status of women and men in the family, the study of the specific manifestations of different ages and genders, the lifestyle, education, experience, occupation of individuals and groups influence on the upbringing of children, illuminates the conditions and psychological factors of the formation of correct, acceptable family-social perceptions in young people. However, marriage and family, age of marriage, national values of Uzbek families, personal qualities that ensure the stability of the family, qualities of both sexes and the conditions of their manifestation, the status of men and women in the family, the number of children, developed socio-psychological mechanisms related to the formation of perceptions of ways to bring them up in a comprehensive way, to involve them in family work. However, the formation of these perceptions depends on changes in society, the social environment and the customs, customs and traditions adopted in this environment, the specificity of the relationship in each family, the number of children in the family, the role of parents. the level of education, their prestige in the family, their status depends on the scientific and practical basis.

In preparing young people for family life, the main focus is on love, family, its characteristics, family problems, especially divorce, infant mortality, causes of infertility, inability to conduct economic activities, problems of family upbringing, communication of family members. responsibilities, inability to use free time properly, biological, psychological, social life of the husband and wife in the family, the moral and psychological environment and the factors influencing it, the relationship between family members and their laws, sexuality focuses on the impact of parenting.

The family is a small part of society, and it is important to prepare it for economic activity. Coordination of expenses, income and expenses in the family, the correct distribution of household chores, the behavior of family members in this work, attention to the client, to arouse children's interest in work, proves with convincing evidence that teaching children how to run a household can help young people overcome economic hardships in household chores after marriage.

The level of attitude to the child in the family. It's about respecting his interests. Families are divided into healthy and unhealthy groups based on the above. In today's world, some young people are not able to find the right path and are exposed to strange influences. As a result, there is an unhealthy environment in the family, which primarily affects its members, especially adolescents.

In short, in such a situation, it is necessary to pay more attention to the social movement of young people in higher education. Because today's student will be the head of the family or a member of the family tomorrow.

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