

Social Psychological Problems of Alienation

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ABSTRACT

The process of alienation and degradation are interrelated phenomena. If in a society the rates of production are sharply reduced, economic relations are severed, the value of money is falling, prices are rapidly rising, management structures are disrupted, and political tensions arise, we can assume that all spheres of society are degraded. The definition of alienation and the measurement of its relevance to modern social structure and function have received a lot of attention in recent years. This research examines the recent decade's alienation literature, which is mostly empirical in nature. Substantive investigations of the relationships between the alienated individual and his social order are included alongside works of primarily theoretical and methodological value. In this article, opinions and opinions are made about the social psychological problems of alienation.

ARTICLE INFO

Article history:

Received 17 February 2022

Received in revised form
22 March 2022

Accepted 26 April 2022

Keywords: Alienation, social relations, psychological problems, communication, information communication tools, communication.

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Political alienation consists in alienation from political power; cultural alienation consists in communication, from each other of people; psychological alienation consists in spontaneous alienation. It is clear that this deep degradation has a negative impact on the world of strong alienation of people, permeating some procedures. The more the alienation process, in turn, the deeper the degradation, the more it becomes. For example, in the production process, the distribution of Labor takes place. And this is a huge step for progress. But at the same time, such a kind of social relations, based on social ownership - production relations are formed, on the basis of which the direct producer moves away from the means of production and gradually becomes alienated as a result of his labor. Now for this producing person, labor productivity is also not interested.

These types of alienation have their own specific forms. For example, economic alienation has three forms:

1. Alienation from activity.
2. Alienation from activity management.
3. Alienation from the results of activities.

Even on the political front, many members of society were alienated from political power. That is, although political power was declared a people's power, a common power, in fact it became the private property of a certain group - the elite. On the basis of this, a whole nation was alienated from the political power of the state, and a huge ravine arose between this alienated community and the nomenclature. In turn, these processes led to political degradation, and because of this degradation, the totalitarian state, which the external enemy could not overcome, disintegrated by itself.

Alienation in the cultural sphere has also brought about a moral degradation, which is fraught with profound negative consequences. The role of spirituality and culture in creating a healthy environment in

society is special. Because they have a great influence on the harmonious formation of individuals. If the members of the society move away from their spiritual, rich cultural heritage and become alienated from it, they will no longer begin to deny, from their origins, both national customs and traditions of their nationalities. If we turn to our recent past, its hyphen, we can see a clear proof of these lines. For example, our alienation from our rich cultural heritage made us, according to the famous writer Chingiz Aytmatov, turns into mad, that is, we have moved away from the history of our people, the national liberation movements and their warlords, our religion and our own. Having gained the independence of our state, we began to eliminate cultural alienation. Social alienation, which is considered an important alienation in sociology, occurs as a result of the fact that people communicate, move away from each other. Man, in its essence, has a social character. Based on the needs that arise due to interaction, people always communicate in relationships with each other.

Spiritual alienation is the alienation of man from his essence. German thinker Frost Fromm on this problem has developed very well. In his opinion, a person under the influence of a social structure, whose essence is always in a state of hostility to him, is inherent in every level of self-alienation, a certain social character – worldview belonging to the market. It describes modern society as a product of its level of alienation through the processes of "machine-building", "computerization" and "Robotics" of the human essence. A market-oriented social movement is formed, in which the desire for consumption, the feeling of duality, isolation and other negative state, emotions play a central role.

Eliminating the problem of alienation from the management of production also makes a very important sense. To do this, it is necessary to deeply democratize production relations, to democratically improve existing management systems in enterprises, organizations and institutions, and to enable workers, servants to know the specific duties, rights and responsibilities of the owner of the farm. Measures to eliminate mental alienation are an inseparable continuation of the elimination of social alienation. A person does not get discouraged, only when he can feel the spiritual need for someone. Isolation is free from the danger of suffering, as a result of which there will be no cause for its alienation in itself, in its essence.

In the same place it can be seen that psychological and social alienation are very harmonious with each other. If people are alienated from each other in relationships, in communication, then alienation from themselves also occurs, because as a result of the alienation of people from each other, they may become isolated, bored and the interest in life is extinguished. As a result of this, a person loses confidence in his future, dreams, which he considers himself alien, and this process often leads to negative consequences. Eliminating the problem of alienation from the management of production also makes a very important sense. To do this, it is necessary to deeply democratize production relations, to democratically improve existing management systems in enterprises, organizations and institutions, and to enable workers, servants to know the specific duties, rights and responsibilities of the owner of the farm.

To eliminate alienation from culture, it is necessary to improve the attitude to cultural heritage, to ensure that every member of society is well aware of spiritual values and sufficient appropriation is allocated to cultural construction. In order to overcome social alienation, it is necessary to build on the basis of reality and cooperation the relationship, problems of people with each other; so that each person feels sincerely that he is also necessary for others. Measures to eliminate mental alienation are an inseparable continuation of the elimination of social alienation. A person does not get discouraged when he hach, only when he can feel the spiritual need for someone. Isolation is free from the danger of suffering, as a result of which there will be no cause for its alienation in itself, in its essence. Today's new society, which we are building, is rapidly overcoming these alienation processes in front of itself, steadfastly overcoming the current challenges to achieve real development, freedom, freedom. There is every reason to hope that in the coming years the results of these actions will certainly come out.

In conclusion, society develops in a healthy environment and in a timely manner receives negative social phenomena, if the various alienation processes in the life of society are eliminated on the basis of faster knowledge and harmony. For example, in order to eliminate alienation from labor, it is necessary to first of all to organize that people are interested in the results of their labor, and as a consequence, to radically change their attitude to Labor, to work with interest and enthusiasm.

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