

A Look at the Interior World of the Theater

Mekhriniso Sottieva

Fergana regional branch of Uzbekistan State Institute of Arts and Culture

Shamsiddin Usmonov

Supervisor, Fergana regional branch of Uzbekistan State Institute of Arts and Culture

ABSTRACT

Theatrical acting is a craft that has fascinated the audience for centuries, has become a complex art form, and requires a unique instinct, skill and dedication. Unlike their film and television counterparts, theater actors perform live, creating an immediate, dynamic connection with their audience. This article delves into the world of theater actors, shedding light on their training, the artistry behind their performances, and the day-to-day realities of their profession.

ARTICLE INFO

Article history:

Received 11 Apr 2024

Received in revised form

10 May 2024

Accepted 26 Jun 2024

Keywords: theater, characters, stage, evolution, actor, performance, play, technique, script, sound.

Hosting by Innovatus Publishing Co. All rights reserved. © 2024

“Any type of real art, especially theater art, plays an important role in the development of personality and human qualities”¹

Through education and development, the path to becoming a theater actor often begins with a passion for performing. For many, this path opens up through formal training in drama schools. They will learn the fundamentals of acting, voice modulation, body movement, script analysis and character development. However, theater acting is not limited only to classes, that is, it develops through continuous learning. Workshops, apprenticeships with theater companies, and stage experience are essential to an actor's development. It explores the many paths actors take to improve their skills through these experiences and emphasizes the importance of continuous improvement in versatility.

Performing Arts Theater acting is an art that requires an actor to fully embody their character, bringing them to life on stage day and night. It requires not only physical endurance, but also emotional endurance. Stanislavsky's system, style acting, and more play a significant role in how actors approach their roles and allow them to deliver authentic, compelling performances. The following section explores these methodologies and discusses how they affect an actor's work from rehearsal to performance. It also highlights the differences in performance style required by theater as opposed to film and television. Here, the closeness of the camera calls for more subtle expressions and gestures.

The life of a theater actor is a hard and exciting life. From auditions to rehearsals and finally to the adrenaline rush of live performances, actors navigate a world that is as rewarding as it is demanding. This section provides insight into the day-to-day life of a theater actor, including the rehearsal process, the importance of voice and physical training, and the emotional journey of embodying various characters. It also addresses the challenges faced by actors. For example, unemployment, physical damage to performances, and the process of disconnecting from one's characters after the curtain falls.

¹Aktyorlik mahorati [Matn] o`quv qo`llanma / M.To`rayev. – Toshkent: “Donishmand ziyosi” nashriyoti, 2023. – 3-bet.

Success stories and challenges Each actor's journey tells a story of determination, passion and sometimes serendipity. Through interviews or profiles, this section tells the stories of successful theater actors, their breakthrough moments, challenges they overcame, and advice for aspiring performers. It also sheds light on the less glamorous aspects of the profession, including the struggle for consistent work, the reality of typing and the impact these challenges can have on an actor's mental and physical health.

Influence of theater actors on society

The influence of theater on society is deep and multifaceted, and is rooted in the fabric of cultural, social and political life. At the heart of this influence are theater actors, whose performances have the power to enlighten, entertain and inspire. This article examines how theater actors have shaped societal norms, influenced cultural communication, and served as catalysts for social change throughout history. Theater has always been a reflection of society, commenting on its virtues and vices. From ancient Greek tragedies that explored moral and ethical dilemmas to political dramas of the 20th century, theater actors have brought to life stories that question, critique, and celebrate the human condition. The following examines the historical circumstances in which the theater and its actors reflected changes in society and contributed to cultural and political movements that influenced public opinion. The evolution of theater has been greatly influenced by technological advances, from the use of light and sound to the emergence of multimedia in performances. These advances have expanded the tools available to actors, allowing them to deliver more nuanced and powerful performances. This section explores how technological developments have enabled actors to influence society by creating deeper and more compelling stories that resonate deeply with audiences.

Various acting styles have emerged over the centuries. Each of these influences how stories are told and how they are received by audiences. From the emotional intensity of the acting style to the direct address used in Brecht's theater, these approaches allowed the actors to connect with the audience in unique and powerful ways. This section examines how different acting styles have enabled theater actors to engage with social issues, challenge audience perspectives, and gain a deeper understanding of the human experience.

The influence of theater actors transcends cultural and national boundaries, creating a global communication that transcends language and tradition. Through international festivals, tours and collaborations, theater actors have shared their craft around the world, introducing audiences to new ideas and cultures. This section highlights examples of intercultural theater productions that have influenced community relations, encouraged cultural exchange, and contributed to global conversations on issues such as human rights, diversity, and tolerance.

Behind the scenes: The invisible heroes of theater acting

Directors and playwrights create the basis of a theater performance. Directors interpret the script and guide the actors through the emotional and physical landscape of the play, while playwrights create the world on stage that everyone works to realize. This section explores their creative processes, how their direction and writing not only set the tone for the play, but also deeply influenced the actors' performances. Interviews with directors and playwrights reveal how they work with actors to refine their characters and ensure that the essence of the story is faithfully conveyed.

Voice and acting coaches play an important role in helping actors fully inhabit their roles. These professionals work closely with the actors to develop the physical and vocal expression of the characters, essential components of a compelling performance. This unit explores techniques that coaches use, such as dialect training, breathing exercises, and movement training, to improve actors' ability to convey their feelings and stories through their bodies and voices. Actors' personal anecdotes illustrate the transformative effect this coach has on their performances.

Visual storytelling in the theater is primarily the domain of set and costume designers, whose work defines the aesthetic and period of the performance. This section examines how the designers work closely with the actors to ensure that the physical environment and clothing support and reflect the characters' journeys. The designers' insights shed light on the collaborative process of developing costumes and designs that not only match the director's vision, but also provide the actors with the

physical context they need to fully embrace their roles. The stage crew and technical staff are the backbone of any theater production and are responsible for the smooth execution of the performances. From lighting and sound to stage and prop management, these professionals create the technical magic that supports the actors' performances. The crew's stories highlight the camaraderie and challenges behind the scenes, highlighting their crucial role in the production's success.

Summary

The art and technique of theater acting is based on a deep love of storytelling and a commitment to bringing stories to life. Theater actors hold a unique place in the performing arts with their dedication to their craft, continuous learning, and emotional stability. As we look to the future, theater acting continues to evolve, promising new styles, stories and opportunities for people brave enough to step into the spotlight. Ultimately, the essence of theater acting remains unchanged: it is a celebration of human emotions, a mirror of society, and above all, a testament to the power of live performance.

The influence of theater actors on society cannot be denied. Through their performances, actors have the power to challenge societal norms, provoke thought, and inspire change. Whether reflecting the complexities of the human psyche, advocating for social justice, or simply providing a place for escapism and entertainment, theater actors play a crucial role in shaping the cultural and social landscape. As society continues to develop, the role of theater actors in reflecting and influencing the surrounding world also increases. Their artistry not only entertains, but also educates and empowers, making theater a permanent and important part of the discourse in society.

References

1. Aktyorlik mahorati [Matn]: o'quv qo'llanma / Sh.Muhammadiyev. – Toshkent: “Donishmand ziyosi”, 2023. – 88-bet.
2. Aktyorlik mahorati [Matn] o'quv qo'llanma / M.To'rayev. – Toshkent: “Donishmand ziyosi” nashriyoti, 2023. – 104 bet.
3. R.Dehqonov. Aktyorlik mahorati /o'quv qo'llanma/. – Toshkent.: “Innovatsiya-Ziyo”, 2020, 148 bet.
4. https://uz.wikipedia.org/wiki/Aktyorlik_san%CA%BCati “Aktyorlik san'ati”.
5. <https://zarnews.uz/uz/post/teatr-haqida-nimalarni-bilamiz> “Teatr haqida nimalarni bilamiz?”
6. Zununov, R. (2023). BO'LAJAK AKTYORLARDA SAHNAGA, SAN'ATGA, O'Z BURCHIGA NISBATAN HURMAT XISSINI TARBIYALASH OMILLARI. *Oriental Art and Culture*, 4(1), 90-94.
7. Zununov, R. P. (2023). AKTYORLARNI TARBIYALASHDA KS STANISLAVSKIY SISTEMASINING MOHIYATI. *Oriental Art and Culture*, 4(6), 263-267.
8. Назаров, А. (2023). САХНА АСАРИ АСОСИДА КИНО СУРАТГА ОЛИШ МАҲОРАТИ: РЕЖИССЁРЛИК ИЗЛАНИШЛАРИ. *Oriental Art and Culture*, 4(3), 12-16.
9. Umarova, K., & Jurayeva, O. (2023). Interrelationship of acting skills and stage movement. *INTERNATIONAL JOURNAL OF INCLUSIVE AND SUSTAINABLE EDUCATION*, 2(5), 241-243.
10. Madaminov, O. (2022). QO 'G 'IRCHOQLARNI BOSHQARISHDA QO 'L HARAKATI. *Oriental Art and Culture*, 3(4), 779-781.
11. Xasanboyeva, R. A. Q., & Anvarov, O. R. O. G. L. (2024). AKTYORLIK SAN'ATIDA DIQQATNING O 'RNI. *Oriental Art and Culture*, 5(1), 86-91.
12. Ahmedov, Z. (2023). BADIY ASAR TILIGA TALABADA HURMAT XISSINI TARBIYALASH MASALALARI. *Oriental Art and Culture*, 4(3), 82-85.
13. Ahmedov, Z. (2020). KINO SAN'ATINING JANRLARI VA KINO SAN'ATINING BADIY ASOSLARI. *Oriental Art and Culture*, (V), 68-75.