

Professional and Pedagogical Skills in the Process of Preparing Coaches and Physical Education Teachers

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ABSTRACT

In the article, the pedagogical skills of the physical education teacher-coach are presented in his work to teach the laws and mechanisms of the pedagogical process.

ARTICLE INFO

Article history:

Received 29 Mar 2024

Received in revised form
29 Apr 2024

Accepted 30 May 2024

Keywords: Physical education, pedagogical process, teacher-coach, physical training, pedagogical technology, skill, communication, method.

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Today, in our country, which is moving forward on the path of development, fundamental reform and improvement of the education system, introduction of advanced pedagogical and modern information technologies, and improvement of educational efficiency have been raised to the level of state policy.

One of the main principles of this policy is to ensure continuity and consistency of education. This is one of the reasons why it is recognized as one of the main components of the national training model.

Continuous education consists of a perfect combination of various forms, methods, means, methods and directions of providing deep, all-round basic education and training of specialist personnel. The interrelationship between its various components, the rational application of certain methods and techniques to the educational environment ensures the continuous quality of education.

A high level of pedagogical culture, the form of its manifestation in life is pedagogical skill. Pedagogical skills consist of a synthesis of developed psychological-pedagogical thinking, professional pedagogical knowledge, skills and abilities, and emotional-volitional means of self-expression.

Pedagogical skills of a physical education teacher-coach can be seen in his activity. First of all, the teacher-coach should have a good understanding of the laws and mechanisms of the pedagogical process. Skill is a special power. Pedagogical skills are achieved through certain personal qualities of the physical education teacher-coach and allow to successfully solve educational problems.

Professional pedagogical skills represent the development of high-level pedagogical activity, acquisition of pedagogical techniques, the personality of the pedagogue, his experience, civil and professional status.

The uniqueness of the pedagogical process is its structure and content, and the motivation for the formation of a teacher-coach. The teacher-coach performs tasks such as providing education (teaching) to students-young people in the field of physical education and sports, education and health.

Professional pedagogical skill is considered the main component of pedagogical culture, which in turn has a complex structure. It consists of the following four parts: pedagogical technology, pedagogical skill,

knowing the subject, pedagogical method.

Knowledge of educational science, its history, theory, methodology and modern practice is the basis and foundation of pedagogical skills. In the period of rapid development and renewal of all fields of science, professional competence (salokhiyat) is gaining importance.

Currently, the changing organizational means, form, methods and social conditions make new demands on teachers-coaches.

It is known that high physical and practical training determines the quality and effectiveness of the educational process. In the field of physical education and in the field of its teaching methodology, thorough knowledge of educational science, the fact that this knowledge is based on a high-level sports title and personal experience (for example, master of sports) allows for a creative approach.

According to studies, if a specialist does not have new information, his skill level decreases by 20-25%. Therefore, he should spend 20% of his personal time to get acquainted with advanced scientific achievements.

The experience of the teacher in the field of education and upbringing, the potential of mastering the new achievements of pedagogical and psychological research (which is reflected in his scientific skills) make it possible to implement a prospective education that provides progressive professional thinking.

Pedagogical creativity is an important and significant component of pedagogical skills. Its essence is manifested in the high results of education and training. This is caused by the interaction of the "teacher-students" system.

Pedagogical creativity is determined by the origin of various problem situations and the teacher's desire to solve them in a non-standard way.

The following groups of skills that form the components of pedagogical skills are distinguished: design, construction, organization, communication, cognition and reflexivity.

The basis of pedagogical skill is pedagogical knowledge. Pedagogical knowledge means an integrated professional-personal description, which is determined by the ability and readiness to perform a pedagogical task in accordance with the norms, standards, and requirements of a specific historical period.

Pedagogical knowledge implies the ability of a person working skillfully in the field of education to rationally use all the experiences accumulated by humanity in the work of education and upbringing, he should acquire the appropriate methods and forms of pedagogical activities and relationships.

True creativity relies on the fullness of information, scientific prediction. It is also based on the ability of the teacher to apply new and effective methods, forms and various combinations of pedagogical influence in the educational process.

Pedagogical style is a unique set of thoughts and actions of pedagogues of a certain period (school), which differs from the views of pedagogues of another period (school). The work style of each pedagogue is unique and individual.

The above-mentioned information will help physical education teachers-coaches to acquire pedagogical skills and their professional skills, and will allow to successfully solve educational tasks on the basis of cooperation.

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Монография/«Инновацион ривожлантириш нашриёти Инновацион ривожлантириш нашриёти-матбаа уйи» – Тошкент, 2021

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