

SPECIFIC EFFECTS OF MISVOK IN DENTAL DISEASES AND ITS CURRENTLY SIGNIFICANT ASPECTS AND ADVANTAGES

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Abstract: Misvok is a natural toothpaste made mainly from the branches of a plant called *Salvadora persica*. It has been used for centuries by Muslims and other cultures to clean teeth and maintain oral hygiene. The beneficial properties and natural composition of Misvok make it popular as an alternative to modern toothpastes and cleaning products.

Keywords: misvok, antibacterial effect, oral hygiene, calcium, potassium, magnesium.

The properties of miswak are described as follows: "In addition to their antibacterial effects and the control of tooth enamel formation and activity, they can be used effectively as a natural toothbrush for cleaning teeth. Such sticks are effective, cheap and widely available, and contain many medicinal properties." It also occupies an important place in Islamic hygienic jurisprudence. The history of Misvok dates back to ancient times. It has religious significance because it was recommended by Prophet Muhammad (S.A.W) among Muslims. Miswak is also common in Egypt, the Middle East and other regions. It is distinguished by its natural properties and benefits. Misvok contains a number of compounds with antibacterial properties. It helps reduce bacteria in the mouth and is effective in preventing dental caries, gingivitis and other oral diseases. The hard structure of the misvok helps in cleaning the teeth. It effectively removes plaque and debris from the surface of the teeth, which helps to maintain the health of the teeth. Misvok helps to clean and renew the oral cavity. It helps to eliminate bad breath and improves oral hygiene. Misvok contains calcium, potassium, magnesium and other important minerals. These minerals help to increase the strength of the teeth. Since miswak is made from natural plant, it is free from chemical additives. This makes it an environmentally friendly and healthy choice. Using Misvok is very simple. First, cut one end of the miswak and soak it in water to soften it. Then, the soft tip can be cleaned by moving it towards the teeth and gums. It is recommended to use Misvok every day, which helps to maintain oral hygiene.

In addition to cleaning teeth and oral hygiene, Misvok has a number of other useful properties. Misvok has anti-inflammatory properties that help reduce inflammation and infections in the oral cavity. Misvok helps to get rid of bad breath. It naturally refreshes the mouth and eliminates bad breath. Misvok helps strengthen the gums and is effective in preventing diseases such as gingivitis. Some studies show that misvok can help reduce stress. It can calm a person during the process of cleaning the mouth. Some compounds in misvok can help normalize blood pressure. Misvok helps to increase the strength of the teeth, which ensures that they are healthy and strong. Misvok extract may also be useful in treating certain skin problems, such as acne and inflammation.

Misvok contains vitamins and minerals that help improve the overall health of the body. Some components of misvok may help improve blood circulation. These beneficial properties of Misvok distinguish it not only as a teeth cleaning agent, but also as a natural remedy that plays an important role in general health.

Summary:

Miswak, with its natural properties and benefits, is an effective tool for cleaning teeth and maintaining oral hygiene. Its antibacterial effect, ability to clean teeth and richness in minerals distinguish it as an alternative to modern medicine and hygiene products. Regular use of miswak is important in maintaining healthy teeth and oral cavity.

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