

PECULIARITIES OF RECOVERY OF MYOCARDIAL STUNNIG ZONES IN ACUTE MYOCARDIAL INFARCTION UNDER THE INFLUENCE OF CORVITHIN

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Annotation: Cardiovascular disease (CVD) ranks first in both economically developed and developing countries in the structure of morbidity and mortality. Cardiovascular accidents such as acute myocardial infarction (AMI) are especially dangerous because of their sudden onset, which is often accompanied by the development of life-threatening complications. Bioflavinoid Efficacy Studied quercetin (Corvithin) on restoration of myocardial stunning zones in patients with AMI with ST segment elevation undergoing myocardial revascularization. The study included 66 patients with ST- segment elevation AMI. Carrying out reperfusion therapy against the background of Corvithin contributes to the protection of the myocardium from the development of the necessary dysfunctions.

Key words: acute myocardial infarction, corvithin, stunnig zone, revascularization.

Relevance:

Most CVDs are based on atherosclerosis, which is asymptomatic for many years and, as a rule, is quite pronounced by the time clinical symptoms appear. In more than 50% of cases, sudden cardiac death or acute myocardial infarction (AMI) are the first symptoms of coronary heart disease (CHD), i.e. occur at the subclinical stage of atherosclerosis. Today, AMI is the leading cause of death in economically developed countries. Even with early myocardial revascularization, the results of treatment often do not satisfy clinicians, and the fact that restoration of blood flow may be accompanied by aggravation of myocardial damage actualizes the task of protecting it from reperfusion and ischemic damage.

To prevent complications of AMI, it is necessary to reduce the progressive damage to cardiomyocytes, a metabolic disorder that occurs from the first seconds of myocardial ischemia [2, 3]. Leading in the pathogenesis of myocardial Stunning is caused by three factors: the formation of an excess amount of reactive oxygen species, postperfusion calcium overload of cardiomyocytes, and a decrease in the sensitivity of myofibrils to calcium [4, 5]. That is why cardiologists have recently been intensively developing methods for the metabolic correction of conditions caused by ischemia / reperfusion in the treatment of acute and chronic forms of coronary artery disease, in particular, methods of myocardial cytoprotection [1, 5, 7]. If earlier the efforts of researchers were concentrated on studying the metabolic properties of hemodynamically active drugs, then more and more attention has recently been paid to drugs that have the properties of antioxidants and membrane protectors, inhibitors of catabolic enzymes [6, 10]. The search for new drugs for the prevention of reperfusion injuries with an impact on the key pathogenetic links of this process continues. These include quercetin, an inhibitor of a number of oxidative enzymes,

especially lipoxygenases, a powerful antioxidant, as has recently been established, a drug that increases the content of nitric oxide in the ischemic myocardium [4, 6, 9].

Corvutin is a complex of quercetin with polyvinylpyrrolidone (lyophilized powder for solution for injections). The range of pharmacological effects of the intravenous form of quercetin is quite wide [3, 7, 8]. Corvutin has a cardioprotective effect on the neurons of the ischemic myocardial tissue. It has been established that the main cardioprotective mechanisms of Corvutin are membrane-stabilizing, antioxidant, anticoagulant, antiplatelet and anti-apoptotic effects [2, 5, 9].

Quercetin protects cell membranes and improves capillary function, restores blood microcirculation throughout the body, and normalizes metabolism at the cellular level [1, 12, 16]. Its antioxidant effect is many times greater than the effectiveness of vitamins A, C and E. Quercetin increases the effectiveness of complex therapy. Studies have shown that the inclusion of quercetin in the complex therapy of hypertension and cardiac arrhythmias increased the effectiveness of treatment by 86.7% [11, 13, 17]. In addition, quercetin has anti-inflammatory, decongestant, antihistamine effects, lowers cholesterol and glucose levels, and reduces blood viscosity.

Purpose of the study: to study the features of restoration of stunning zones of the myocardium of the left ventricle in acute myocardial infarction under the influence of Corvutin after myocardial revascularization.

Materials and methods of treatment: The study included 70 patients with AMI with ST segment elevation from 23 to 45 years old, hospitalized in the departments of acute coronary syndrome and coronary heart disease of the Samarkand Regional Branch of the Republican Specialized Scientific and Practical Medical Center for Cardiology. The mean age of the patients was 42 ± 3.4 years. All patients were randomized into 2 groups. Group 1 included 37 patients who received traditional therapy and underwent myocardial revascularization. The 2nd group included 33 patients who were prescribed in combination with the traditional method of treatment, the drug quercetin was added at a dose of $1.0 + 0.9\%$ -100 ml of sodium chloride solution intravenously for 5 days after revascularization myocardium. Conducted stress echocardiography (EchoCG) with dobutamine after stabilization of the condition on the 7th day of the disease, repeated echocardiography on the 10th, 15th and after a month of treatment.

Results of the study: In the 2nd group of patients, after a test in small doses of dobutamine, myocardial stagnating was shown in 86% of segments of all asynergic segments. In group 1, left ventricular (LV) myocardial dysfunction was irreversible in 32% of segments, and reversible in 55%. On the 10th day, patients in the 2nd group showed a decrease in the number of stunted asynergic segments up to 23%, and in the 1st group up to 32%. On the 15th day of observation in the 2nd group of patients out of all asynergic segments remained only 9%, and in the 1st group 16%. Echocardiography after a month in patients in group 2 in all viable segments showed restoration of contractile function. However, in the 1st group, a month later, of all identified viable segments, 7% of the contractile function did not recover. Indicators of global systolic function were significantly higher in the group of patients treated with Corvutin compared with the control group (LV EF was $53 \pm 4.1\%$ and $48 \pm 4.2\%$, respectively). In patients with AMI with ST elevation reperfusion therapy contributed to the prevention of LV dilatation, but LV volume indices in patients treated with Corvutin during reperfusion therapy were significantly lower. On echocardiography a month later, LV EDV in the 1st and 2nd groups was 151.3 ± 5.1 and 160.2 ± 4.2 ml, respectively. Application of infusion Corvutin prevented dilatation of the LV cavity, as a result of which the end-diastolic and systolic indices did not change during 30 days of observation. The LV ejection fraction increased to a large extent in group 2. This effect of Corvutin is associated with the inhibition of oxidase enzymes, especially lipoxygenases, powerful antioxidant properties and an increase in the content of nitric oxide in ischemic areas.

Conclusions. Carrying out reperfusion therapy at the front of the infusion Corvitin contributes to the protection of the myocardium from the development of irreversible dysfunctions, contributes to the formation of stunning (stunned) peri-infarction zones and a faster, complete restoration of the contractile function of these zones.

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