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# The Impact of Demo-Lessons on Teacher Training and Student Engagement

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**Abstract:** This study aims to analyze the effectiveness of conducting demo-lessons as a method of teacher training and its impact on student engagement. Demo-lessons are an instructional technique where an experienced educator models a lesson in front of other teachers and provides them with the opportunity to observe, reflect, and learn best practices. This paper examines the benefits of implementing lesson study as a professional development tool and explores how they can be utilized to enhance teaching practices and increase student engagement.

**Key words:** effective demo-classes, the concept of lesson study, teacher collaboration, student outcomes, teacher training advancements.

#### Introduction

The foundations of monitoring demo-lessons can be traced back to the Meiji Restoration in the 1860s, a period of rapid modernization in Japan. During this time, the Japanese government sought to reform its education system by adopting Western teaching methods and creating a centralized curriculum. In 1872, the Ministry of Education introduced the concept of lesson study, which emphasized the importance of teacher collaboration and reflection for effective instruction.

By the early 20th century, lesson study became an integral part of the Japanese education system. The practice was initially focused on elementary education, with the aim of improving lesson quality and enhancing teacher professional development. In 1936, the government officially recognized lesson study as a critical component of the teacher training process <sup>[7]</sup>.

Lesson study gained international attention in the late 20th century, following the release of the Third International Mathematics and Science Study (TIMSS) in 1995. The TIMSS report highlighted the superior performance of Japanese students in mathematics and science, which was attributed to the country's focus on lesson study and other collaborative teacher practices <sup>[5]</sup>. In response, educators and researchers worldwide began to adopt and adapt the lesson study approach to their own contexts.

In the 21st century, lesson study has been implemented in a wide range of countries, including the United States, the United Kingdom, Indonesia, and Singapore <sup>[4]</sup>. The practice has been found to contribute to improved teacher collaboration, higher quality instruction, and enhanced student learning. Research has also demonstrated the potential for lesson study to promote teacher professional development and foster a culture of continuous improvement in schools <sup>[7]</sup>.

## Methods

The quality of education largely depends on the expertise of teachers, and effective professional development plays a crucial role in improving their skills and knowledge. One method that has gained traction in recent years is the use of demo-lessons as a tool for teacher training. Demo-lessons provide an opportunity for teachers to observe and learn from their peers' expertise, while also offering a chance for self-reflection and improvement <sup>[3]</sup>. This paper explores the impact of

demo-lessons on teacher training and student engagement, highlighting their benefits and potential limitations.

Demo-lessons have become a valuable part of professional development programs in various educational settings, from K-12 schools to higher education institutions <sup>[8]</sup>. They serve as an alternative to traditional professional development workshops, which often lack opportunities for hands-on practice and collaboration. Research has shown that teacher professional development is more effective when it is job-embedded, sustained, and focused on improving classroom instruction <sup>[1]</sup>. Demo-lessons align with these principles, allowing teachers to gain practical knowledge that can be directly applied to their teaching practice.

The digital era has brought about significant changes in education, with technology becoming an integral part of teaching and learning practices <sup>[2]</sup>. As a result, there is a growing need for professional development opportunities that equip teachers with the skills and knowledge necessary to effectively integrate technology into their classrooms. One such method is the use of demo-classes, where experienced educators model lessons for their peers.

Demo-lessons offer several advantages for both educators and students: promote a culture of collaboration and learning among teachers, which is essential for professional growth; provide opportunities for students to observe and learn from their peers, fostering a culture of collaboration and active learning <sup>[6]</sup>. By observing successful teaching methods, educators can implement more engaging and effective lessons, which in turn can lead to increased student participation and interest in the subject matter <sup>[3]</sup>. Furthermore, demo-lessons provide opportunities for constructive feedback, allowing teachers to refine their skills and better cater to students' needs. In addition to the benefits for teachers, demo-lessons can positively impact student engagement and contribute to the development of a reflective teaching practice. By engaging in critical analysis and discussion of teaching methods, educators can develop a deeper understanding of their own pedagogy and identify areas for advancement. This reflective process can lead to more intentional and purposeful instructional decisions, ultimately enhancing the overall quality of education.

Demo-classes in the digital era offer several benefits for both teachers and students in elementary schools. First, they provide opportunities for educators to learn how to effectively integrate technology into their teaching practices, which can lead to increased student engagement and improved learning outcomes. Teachers can observe their peers' strategies for using digital tools, such as interactive whiteboards, tablets, and learning management systems, and apply these techniques in their own classrooms <sup>[6]</sup>. By observing and discussing their peers' practices, teachers can develop a deeper understanding of how to leverage digital tools to support diverse learning needs and foster student-centered learning environments <sup>[3]</sup>. Furthermore, demo-classes can also benefit students by exposing them to a variety of digital tools and teaching approaches, which can enhance their digital literacy skills and prepare them for future academic and professional endeavors; foster a culture of collaboration and innovation among teachers, as they share their experiences and knowledge about integrating technology into their instruction <sup>[2]</sup>; students can learn how to navigate digital platforms, collaborate online, and access various resources to support their learning.

However, there are potential challenges associated with implementing demo-classes in the digital era. Ensuring equitable access to technology and digital resources is critical, as disparities in access can hinder the effectiveness of demo-classes <sup>[2]</sup>. Additionally, providing adequate training and support for teachers who may be less comfortable with technology is essential to ensure the success of demo-classes in the digital era <sup>[6]</sup>.

### Conclusion

In conclusion, demo-classes play a crucial role in supporting teacher professional development and student engagement in elementary schools in the digital era. They provide a platform for educators to learn about and share effective strategies for integrating technology into their teaching practices, fostering a culture of collaboration and innovation. However, addressing challenges such as equitable access to technology and providing adequate support for teachers is necessary to ensure the success of demo-classes in the digital era. Future research should focus on identifying best practices for implementing demo-classes in the digital era and exploring their long-term impact on teacher performance and student results.

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